HOW WE HELPED OVER 200 PATIENTS HEAL FROM PAINFUL PHYSICAL CONDITIONS **WITHOUT SURGERY**

A FREE RESOURCE FROM THE TOLBERT CENTER FOR REHABILITATION AND WELLNESS

"USING MODERN TECHNOLOGY, WE HAVE BEEN ABLE TO RESTORE PEOPLE'S QUALITY OF LIFE, REJUVENATE THEIR BODIES, AND REPAIR TORN TENDONS, LIGAMENTS AND CARTILAGE."

It used to be that if you were over the hill and suffering from chronic back pain, knee pain, joint pain or shoulder pain, you only had one of a limited number of options: pills, physical therapy or surgery.

While these options remain vitally important to treating patients looking to decrease pain and get their bodies performing well again, the reality is that most of these traditional methods for treating musculoskeletal conditions do not heal people.

Oftentimes, patients are left programmed into thinking that they either have to live the rest of their lives with the pain or, as a final option, get surgery.

But that's so old school.

If you've always thought there had to be another way to heal your body from any number of short- or long-term physical or cognitive impairments, then we want to be the bearers of good news.

The answer lies with regenerative medicine.

Over the last 20 years as a licensed medical doctor

and surgeon specializing in physical medicine and rehabilitation, Dr. Glenna Tolbert has cared for a countless number of patients who have suffered pain due to unimaginable tragedy—surgical complications, gunshot wounds to the head, rape, spine trauma, cancer—and the Tolbert Center has seen amazing results when regenerative injection therapies are added to traditional methods for treating pain.

Using modern technology, we have been able to restore people's quality of life, rejuvenate their bodies, and repair torn tendons, ligaments and cartilage—all without surgery right here at our Encino and Beverly Hills, CA offices. We know what you might be thinking: This sounds like science fiction, right?

Using regenerative injection therapies is actually quite natural because your body is programmed to heal. Here's another way to put it: Have you ever cut yourself? Now, imagine the bad open wound or cut and how much pain that causes.

Well, over the following days or weeks after the injury occurs, the wound begins to fill in with new tissue and eventually your body grows new skin.

If you are healthy, then there is a logical reason why you stopped bleeding and your body grew new tissue. It's because of the platelets and proteins, known as growth factors, that activate the healing process.

"I AM A LARGE-SCALE ANTIQUES COLLECTOR, AND I AM ONCE AGAIN ABLE TO WALK THE MILES-LONG WEEKEND VENUES. THANK YOU FOR GIVING ME BACK MY LIFE."

That's why we have found so much success after treating more than 200 patients with surgical alternatives like prolotherapy and platelet-rich plasma therapy. These techniques use your body's own repair system to stimulate healing and get you moving again.

"Prolo," short for proliferate, means to grow. As a treatment, prolotherapy is designed to rebuild and strengthen the body and, because prolotherapy stimulates growth factors, it is the direct opposite of surgery or cortisone injections.

Platelets stimulate stem cells to regrow tissue, such as joint cartilage, tendons and ligaments. With platelet-rich plasma (PRP) therapy, a small amount of blood is taken from the patient and then the blood is placed in a centrifuge to separate the platelet-rich plasma from the other components. We then inject the PRP at the site of the patient's injury.

In theory, PRP causes the release and makes more growth factors, which means we can now transplant patients' stem cells for arthritis, for example, in order to grow new cartilage and make new joints.

This may eliminate the need for more aggressive treatments, such as long-term medication or surgery, and we've seen hundreds of patients make remarkable recoveries with the way their bodies function.

One of our recent patients had these exact results. When the patient came to the Tolbert Center, she had round-the-clock Fentanyl patches glued to her body as a result of intense back pain. She said she could barely take five steps before having to sit back down.

Then Dr. Tolbert introduced her to PRP therapy, and Dr. Tolbert gave her three injections in her spine at three different times.

The results? At 60 years old, the patient is pain-free and doesn't require any pain medications stronger than an Advil.

"I am a large-scale antiques collector," she said, "and I am once again able to walk the miles-long weekend venues. Thank you for giving me back my life."

Modern medical technology has shown us that we are living in a new generation—regeneration, that is—when it comes to healing people's pain.

With these surgical alternatives, here is what we know to be true:

- We can use patients' cells to heal damaged tissues.
- Age becomes just a number.
- No one has to live with pain.
- It doesn't matter if you've suffered an injury. You can run, dance, golf, hike or do any physical activity at any age.
- But it's always better to start treatment early. By being proactive and taking a deeper look at what might have caused the pain, you have a better chance of getting the results you desire, especially if you lead an active lifestyle.
- You can avoid surgery.

At the Tolbert Center, we make sure to bring in a team of rehabilitation professionals dedicated to each patient to accelerate the healing process even further.

By working together for each patient, we're able to bring in DNA-based nutrition and determine if there any medications keeping people from healing. We're able to customize programs for each patient because we understand that each person's body is different. We're also able to incorporate exercise into the healing process because, as Dr. Tolbert always says, exercise is the secret to the fountain of youth.

You know what's most important about these new ways of treating musculoskeletal conditions? None of them involve surgery, and that's what's going to be most important to your body and your quality of life.

WHAT IS REGENERATIVE MEDICINE?

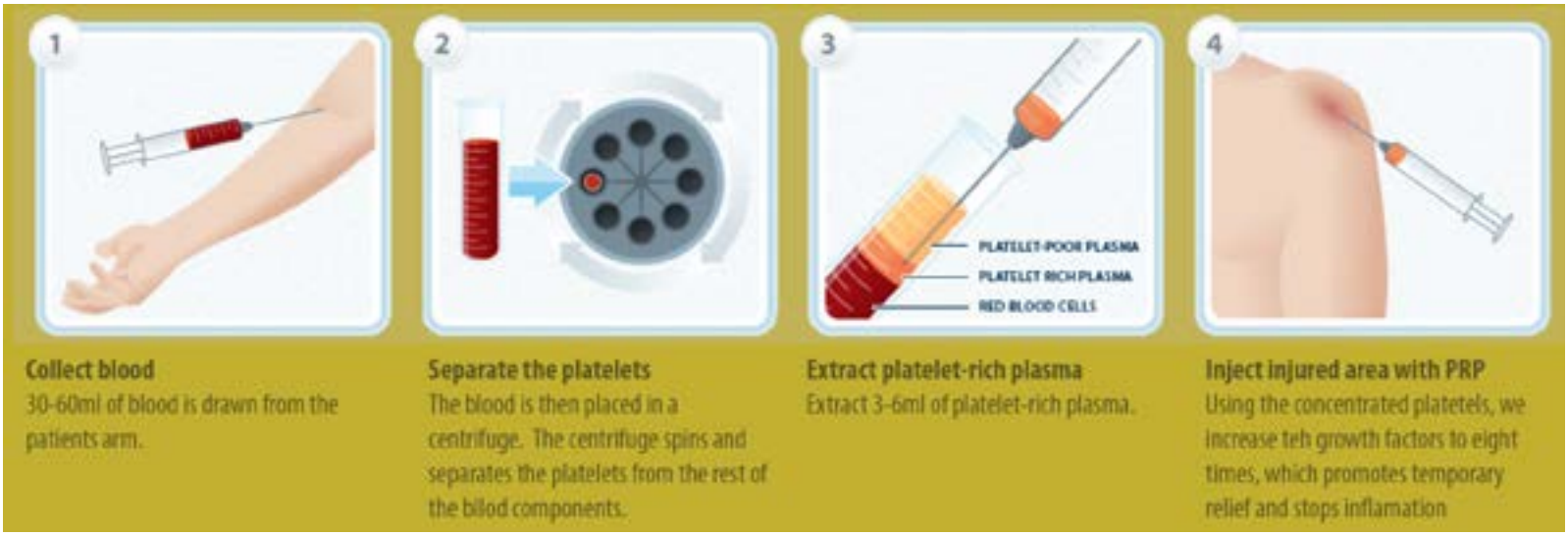
Now that you have some understanding of how regenerative medicine treatments have been used to treat all kinds of musculoskeletal and neurological conditions, let's explore the science behind the healing.

Let's start by breaking down what regenerative medicine is all about. Regenerative medicine is a branch of translational research in tissue engineering and molecular biology that deals with the process of replacing, engineering or regenerating human cells, tissues or organs to restore or establish normal function.

Since your body has the ability to heal itself from certain injuries or conditions, regenerative medicine leverages the body's own recovery system. This means that, when used properly, this type of treatment has the power to replace, or restore, human cells, tissues or organs.

The hope is that over time your injured tissue will regenerate itself, giving you the ability to return to your normal day-to-day activities—sometimes with more strength than before.

Regenerative medicine is so powerful because it can help your body:



- Heal injuries faster
- Repair damaged tissues
- Have less pain
- Function better

At the Tolbert Center, we have used regenerative medicine treatments to treat a variety of injuries and conditions, such as:

- Shoulder pain
- Knee pain
- Spine injuries
- Ankle pain
- Hip and elbow pain
- Wrist pain
- Arthritic joints

Many bodily products may be considered useful for regenerative medicine, but the most commonly used technique is platelet-rich plasma (PRP).

Using this technique, you have a natural approach to healing your tendons and ligaments and you can avoid surgery and ensure that you're not living the rest of your life in constant pain.

What is Platelet-Rich Plasma?

PRP is blood plasma with concentrated platelets. The concentrated platelets found in PRP contain huge reservoirs of bioactive proteins, including growth factors that are vital to initiate and accelerate tissue repair and regeneration.

These bioactive proteins initiate connective tissue healing; bone, tendon and ligament regeneration and repair; promote development of new blood vessels; and stimulate the wound heallng process.

What are the potential benefits?

Patients can see a significant improvement in symptoms with reduction in pain. This may eliminate the need for more aggressive treatments, such as long-term medication or surgery, as well as a remarkable return of function.

How does PRP work?

To prepare PRP, a small amount of blood is taken from the patient. The blood is then placed in a centrifuge. The centrifuge spins and automatically produces the PRP. The entire process takes less than 15 minutes and increases the concentration of platelets and growth factors up to 500%.

When PRP is injected into the damaged area, it stimulates the tendon or ligament, causing mild inflammation that triggers the healing process.

As a result, new collagen begins to develop. As this collagen matures, it begins to shrink, causing the tightening and strengthening of the tendons or ligaments of the damaged area.

For tendon or ligament conditions, in addition to the PRP injection, the needle may be used to break up scar tissue and adhesions. This is called a tenotomy or fasciotomy. This step helps stimulate healing.

After the scar tissue is broken up, the needle is used to inject the PRP directly to the treated area. Ultrasound or fluoroscopy is used to target the abnormal tissue.
For joint conditions, such as arthritis, the PRP is injected into the joint. Ultrasound or fluoroscopy guides this injection.

What's on the horizon?

By providing healthy, functional tissues and organs, regenerative medicine will improve the quality of life for many patients, especially baby boomers and seniors. Imagine a world where there is no donor organ shortage and where victims of spinal cord injuries can walk. This is the long-term promise of regenerative medicine, a rapidly developing field with the potential to transform the treatment of painful physical conditions through the development of innovative new therapies that offer a faster, more complete recovery with significantly fewer side effects or risk of complications.

In fact, we're already seeing some promising developments:

- Tissue-engineered heart muscle may be available to repair human hearts damaged by a heart attack or disease.
- The latest development in stem cell research shows great promise for stimulating new hair growth. It also addresses the problem of thinning hair for both men and women.
- The emerging technique of Organ Printing utilizes a standard ink jet printer modified with tissue matrix material (and possibly also cells) replacing the ink. "Made-to-order" organs of almost any configuration could then be cast and implanted.
- New approaches to revitalizing worn-out body parts include removing all of the cells from an organ and infusing new cells to integrate into the existing matrix and restore full functionality.

CONCLUSION

So there you have it — “How We Helped Over 200 Patients Heal from Painful Physical Conditions Without Surgery.”

This free report really delivered the goods when it comes to answering these important questions and challenges every baby boomer and senior faces.

BUT, as you can also see, this is just the TIP of the iceberg when it comes to enjoying longterm pain relief and avoiding surgery and pills.

So, if you’re serious about wanting to optimize your fabulousness, live a more active lifestyle and give yourself more time to do the things you like to do and you want get back to living the active lifestyle you know you deserve, then you need to schedule your “Executive Physical” right now. — Click Here

Have a great day!

Dr. Glenna Tolbert

“Executive Physical”

Imagine if you could reverse the aging process with a physical exam.

Click Here NOW to get back to living the active lifestyle you know you deserve!